

References



The following documents were critical to the development of the national framework.

ACT Corrective Services 2010, *Corrections management (general operating) policy 2010: notifiable instrument NI2010-398*, ACT Government, Canberra.

ACT Health 2011, *Mental health recovery in the ACT*, ACT Government, Canberra.

NSW Health 2006, *NSW community mental health strategy 2007–12: from prevention and early intervention to recovery*, NSW Government, Sydney.

Queensland Health and Community Services Workforce Council 2012, *Values into action: community mental health practice framework*, Health and Community Services Workforce Council, Brisbane.

Queensland Health 2005, *Sharing the responsibility for recovery: creating and sustaining recovery-oriented systems of care for mental health*, Queensland Government, Brisbane.

SA Health 2012, *The framework for recovery-oriented rehabilitation in mental health care*, Government of South Australia, Adelaide.

Tasmanian Department of Health and Human Services 2009, *Building the foundations for mental health and wellbeing: a strategic framework and action plan for implementing promotion, prevention and early intervention approaches (PPEI) approaches in Tasmania*, Statewide and Mental Health Services, Government of Tasmania, Hobart.

Victorian Department of Health 2011, *Framework for recovery-oriented practice*, State Government of Victoria, Melbourne.

WA Mental Health Commission 2010, *Mental health 2020: making it personal and everybody's business*, Government of Western Australia, Adelaide.

Other references

Adams, N & Grieder, DM 2005, *Treatment planning for person-centred care: the road to mental health and addiction recovery*, Elsevier Academic Press, Burlington MA.

Andresen, R, Oades, LG & Caputi, P 2011, *Psychological recovery: beyond mental illness*, Wiley-Blackwell, West Sussex UK.

Andresen R, Oades LG & Caputi P 2006 The Stages of Recovery Instrument: Development of a measure of recovery from serious mental illness. *Australia and New Zealand Journal of Psychiatry*, vol. 40, pp872-980

Andresen R, Oades LG & Caputi P 2003 The experience of recovery from schizophrenia: towards an empirically validated stage model. *Australia and New Zealand Journal of Psychiatry*, vol. 37, pp586-594

Anthony, W 1993 'Recovery from mental illness: the guiding vision of the mental health service system in the 1990s', *Psychosocial Rehabilitation Journal*, vol. 16, pp. 11–23.

ASCARC—see Australian Senate Community Affairs References Committee



- Australian Psychological Society 2013, 'Understanding and managing psychological trauma', Australian Psychological Society, Melbourne, (www.psychology.org.au/publications/tip_sheets/trauma).
- Australian Senate Community Affairs References Committee 2004, *Forgotten Australians: a report on Australians who experienced institutional or out-of-home care as children*, Parliament of Australia, Canberra, (www.aph.gov.au/Parliamentary_Business/Committees/Senate_Committees?url=clac_ctte/completed_inquiries/2004-07/inst_care/report/b1exec.htm).
- Basset, T, Faulkner, A, Repper, J & Stamou, E 2010, *Lived experience leading the way: peer support in mental health*, Together UK, London.
- Best, D 2012, *Addiction Recovery: A movement for social change and personal growth in the UK*, Pavilion, Brighton.
- Borzycski, M & Baldry E 2003, 'Promoting integration: the provision of prisoner post-release services', *Trends & issues in crime and criminal justice*, no. 262, September, Australian Institute of Criminology, Canberra.
- Boydell, KM, Gladstone, BM, Crawford, ES 2002, 'The dialectic of friendship for people with psychiatric disabilities'. *Psychiatric Rehabilitation Journal*, vol. 26(2) pp. 123-131
- Brown W, Kandirikira N 2007, *Recovering mental health in Scotland. Report on narrative investigation of mental health recovery*. Glasgow, Scottish Recovery Network.
- Burgess, P, Pirkis, J, Coombs, T & Rosen, A 2010, *Review of recovery measures*, version 1.01, Australian Mental Health Outcomes and Classification Network, Brisbane.
- Centre for Community Child Health 2012, *Children's mental health*, CCCH policy brief no. 24, Centre for Community Child Health, Melbourne.
- Children's Healthcare Australasia 2010, *Charter on the rights of children and young people in healthcare services in Australia*, Children's Healthcare Australasia, Canberra.
- COAG—see Council of Australian Governments
- Council of Australian Governments 2012, *The Roadmap for National Mental Health Reform 2012–22*, Council of Australian Governments, Canberra.
- Crepaz-Keay, D 2010, *Self-management of mental health problems*, Mental Health Foundation, London, (www.euro.who.int/__data/assets/pdf_file/0018/124560/E94377.pdf.pdf).
- Daley, S, Newton, D, Slade, M, Murray, J & Banerjee, S 2012, 'Development of a framework for recovery in older people with mental disorder', *International Journal of Geriatric Psychiatry*, first published online 26 July 2012, doi: 10.1002/gps.3855
- Davidson, L, O'Connell, M, Tondora, J, Styron T & Kanga K 2006, 'The top ten concerns about recovery encountered in mental health system transformation', *Psychiatric Services*, vol. 57.5, pp. 640–645.
- Davidson, L & Roe, D 2007, 'Recovery from versus recovery in serious mental illness: one strategy for lessening confusion plaguing recovery', *Journal of Mental Health*, vol. 16, pp. 459–470.
- Davidson, L & Tondora, J 2006, *Practice guidelines for recovery-oriented behavioural health care*, prepared for the Connecticut Department of Mental Health and Addiction Services by Yale University Program for Recovery and Community Health.
- Deegan PE, 1988. 'Recovery: The lived experience of rehabilitation'. *Psychosocial Rehabilitation Journal*, 11(4), pp. 11–19.



Deegan, PE 1996, 'Recovery as a journey of the heart', *Psychiatric Rehabilitation Journal*, vol. 19, no. 3, pp. 91–97.

Deegan, G 2003, 'Discovering recovery', *Psychiatric Rehabilitation Journal*, vol. 26 no. 4, pp. 368–376.

Department of Health and Ageing 2009, *Fourth National Mental Health Plan: An agenda for collaborative government action in mental health 2009–14*, Commonwealth Department of Health and Aged Care, Canberra.

Dorkins, E & Adshead, G 2011, 'Working with offenders: challenges to the recovery agenda', *Advances in Psychiatric Treatment*, vol. 17, pp. 178–87

Fallot, R & Harris, M 2009, *Creating cultures of trauma-informed care (CCTIC): a self-assessment and planning protocol*, Community Connections, Washington DC.

Frost, L, Heinz, T & Bach, DH 2011, 'Promoting recovery-oriented mental health services through a peer specialist employer learning community', *Journal of Participatory Medicine, Case Studies*, Vol. 3 (9 May 2011), (www.jopm.org/evidence/case-studies/2011/05/09/promoting-recovery-oriented-mental-health-services-through-a-peer-specialist-employer-learning-community).

Fulford, KWM & Stanghellini, G 2008, 'The third revolution: philosophy into practice in twenty-first century psychiatry', *Dialogues in Philosophy, Mental and Neuro Sciences* vol. 1, no. 1, pp. 5–14.

Glover, H 2012, 'Recovery, Life Long Learning, Social Inclusion and Empowerment: Is a new paradigm emerging?' in P Ryan, S Ramon & T Greacen, *Empowerment, lifelong learning and recovery in mental health: towards a new paradigm*, Palgrave Publishers.

Graham, H & White, R 2011, *Improving services to support recovery from comorbidity in Tasmania*, Salvation Army Bridge Program and University of Tasmania, Hobart, with funding from Department of Health and Ageing under the Comorbidity Improved Services Initiative, Hobart.

Guarino, K, Soares, P, Konnath, K, Clervil, R & Bassuk, E 2009, *Trauma-informed organizational toolkit*, Center for Mental Health Services, Substance Abuse and Mental Health Administration, and the Daniels Fund, the National Child Traumatic Stress Network and the W.K. Kellogg Foundation, Rockville, MD, (www.familyhomelessness.org/media/90.pdf).

Haas, AM, Eliason, V, Mays, R, Mathy, S, Cochran, A, D'Augelli, M, Silverman, P, Fisher, T, Hughes, M, Rosario, S, Russell, E, Malley, J, Reed, D, Litts, E, Haller, R, Sell, G, Remafedi, J, Bradford, A, Beautris, G, Brown, G, Diamond, M, Friedman, R, Garofalo, M, Turner, A, Hollibaugh, A & Clayton P 2011, 'Suicide and suicide risk in lesbian, gay, bisexual, and transgender populations: review and recommendations', *Journal of Homosexuality*, vol. 58, pp. 10–51.

Ida, DJ 2007, 'Cultural competency and recovery within diverse populations', *Psychiatric Rehabilitation Journal*, vol. 31 no. 1, summer, pp. 49–53.

Institute of Medicine 2006, *Improving the quality of health care for mental health and substance-use conditions*, National Academies Press, Washington DC.

Kaliski, SZ & de Clercq, HG 2012, 'When coercion meets hope: can forensic psychiatry adopt the recovery model?' *African Journal of Psychiatry*, vol. 15, pp. 162–166.

Kezelman, C. & Stavropoulos, P. 2012, Practice guidelines for treatment of complex trauma and trauma informed care and service delivery.

Le Boutillier, C, Leamy, M, Bird, VJ, Davidson, L, Williams, J, & Slade M 2011, 'What does recovery mean in practice? A qualitative analysis of international recovery-oriented practice



guidance', *Psychiatric Services*, vol. 62, no. 12, December, pp.1470–6, (www.ncbi.nlm.nih.gov/pubmed/22193795).

Lloyd, C & Waghorn, G 2007, 'The importance of vocation in recovery for young people with psychiatric disabilities,' *British Journal of Occupational Therapy*, vol. 70 no. 2, pp. 50–59.

Maycock, P 2009, *Supporting LGBT lives: a study of the mental health and well-being of lesbian, gay, bisexual and transgender people*, BeLonG To Youth Services and Gay and Lesbian Equality Network, funded by the Health Service Executive National Office for Suicide Prevention, and conducted by the Children's Research Centre, Trinity College Dublin, and the School of Education, University College Dublin.

McKay, R, McDonald, R, Lie, D & McGowan, H 2012, 'Reclaiming the best of the biopsychosocial model of mental health and "recovery" for older people through a person-centred approach', *Australasian Psychiatry*, October.

Mental Health Coordinating Council 2008, *Mental health recovery philosophy into practice: a workforce development guide*, Mental Health Coordinating Council, Sydney.

Mental Health Coordinating Council 2010, *NSW community managed mental health sector mapping report*, Mental Health Coordinating Council, Sydney, (www.mhcc.org.au/documents/Sector%20Development/MHCC%20Sector%20Mapping%20Report%202010.pdf).

Mental Health Coordinating Council 2013, *Recovery oriented language guide*, Mental Health Coordinating Council, Sydney.

Mental Health Coordinating Council—NSW Consumer Advisory Group 2011, *Recovery-oriented service self-assessment toolkit (ROSSAT): a recovery-oriented service provision quality improvement resource for mental health services*, Mental Health Coordinating Council, Sydney.

MHCC—see Mental Health Coordinating Council

Mental health statement of rights and responsibilities 2012, Government of Australia, Canberra.

NAHSWP—National Aboriginal Health Strategy Working Party

National Aboriginal Health Strategy Working Party 1989, *National Aboriginal health strategy*, National Aboriginal Health Strategy Working Party, Australia.

National LGBTI Health Alliance 2012, *Pathways to inclusion: frameworks to include LGBTI people in mental health and suicide prevention services and organisations*, Sydney, (www.lgbthealth.org.au/sites/default/files/Pathways%20to%20Inclusion%20May%202012v5.pdf).

National Mental Health Commission 2012, *A contributing life: the 2012 national report card on mental health and suicide prevention*, National Mental Health Commission, Sydney.

National Mental Health Consumer & Carer Forum 2009, *Ending seclusion and restraint in Australian mental health services*, National Mental Health Consumer & Carer Forum, Deakin West ACT.

National Standards for Mental Health Services 2010, Department of Health and Ageing, Canberra.

Nerney, T 2000, *Communicating self-determination: freedom, authority, support and responsibility*, Centre for Self-Determination, Wayne, USA (self-determination.com).

New Zealand Mental Health Commission 2001, *Recovery competencies for New Zealand mental health workers*, New Zealand Mental Health Commission, Wellington.

Nicholson, J 2010, *Mental illness: understanding the impact on families and how to help*, (www.umassmed.edu/uploadedFiles/cmhsr/Products_and_Publications/presentations/mental_illness.pdf)



- NMHC—see National Mental Health Commission
- NMHCCF—see National Mental Health Consumer & Carer Forum
- NMHPPWP—see National Mental Health Promotion and Prevention Working Party
- NSW Consumer Advisory Group website 2012—Mental Health Inc. Recovery—Moving Recovery Oriented Service Provision from Policy to Practice in NSW, (<http://www.nswcag.org.au/recovery-forum-project-2.html>).
- NSW Department of Corrective Services, 2008, *Throughcare*, NSW Government, Sydney, (www.correctiveservices.nsw.gov.au/_media/dcs/about-us/publications/throughcare/Throughcare.pdf).
- NSW Health 2008, *NSW community mental health strategy 2007–12: from prevention and early intervention to recovery—summary*, NSW Government, Sydney.
- Oades, LG, Deane, FP, Crowe, TP, Lambert, WG, Kavanagh, D & Lloyd C 2005, 'Collaborative recovery: an integrative model for working with individuals that experience chronic and recurring mental illness', *Australasian Psychiatry*, vol. 13, pp. 279–284.
- O'Hagan, M, Divis M & Long, J 2008, *Best practice in the reduction and elimination of seclusion and restraint: seclusion time for change*, Te Pou o Te Whakaaro Nui, the National Centre of Mental Health Research, Information and Workforce Development, Auckland New Zealand, (www.maryohagan.com/resources/FINAL-SECLUSION-REDUCTION-BEST-PRACTICE-Research-Report.pdf).
- Parker, R 2011, 'A new economic and social paradigm for funding recovery in mental health in the twenty first century' in K Śmigórski (ed.), *Health management: different approaches and solutions*, InTech, (www.intechopen.com/books/health-management-different-approaches-and-solutions/a-new-economic-and-social-paradigm-for-funding-recovery-in-mental-health-in-the-twenty-first-century).
- Purdie, N, Dudgeon, P & Walker, R 2010, *Aboriginal and Torres Strait Islander mental health and wellbeing principles and practice*, Department of Health and Ageing, Canberra.
- Recovery Devon 2012, 'Language and mental health', Recovery Devon, (www.recoverydevon.co.uk/index.php/recovery-in-action/162-language-and-mental-health).
- Reupert, A, & Maybery, A 2010, 'Families affected by parental mental illness: Australian programs, strategies and issues. The (missing) role of school', *International Journal for School-Based Family Counselling*, vol. 2.
- Rickwood, D 2006, *Pathways of recovery: 4As framework for preventing further episodes of mental illness*, Commonwealth of Australia, Canberra.
- Roberts, G, Dorkins, E, Wooldridge, J & Hewis, E 2008, 'Detained—what's my choice? Part 1: Discussion', *Advances in Psychiatric Treatment*, vol. 14, pp. 172–180.
- Rosen, A, Rosen, T & McGorry, P 2012, 'The human rights of people with severe and persistent mental illness: can conflicts between dominant and non-dominant paradigms be reconciled?' in M Dudley, D Silove & F Gale (eds.), *Mental health and human rights: vision, praxis and courage*, Oxford University Press, Oxford, pp. 297–320.
- Russinova, Z 1999 'Providers' hope-inspiring competence as a factor optimizing psychiatric rehabilitation outcomes', *Journal of Rehabilitation*, vol. 16, no. 4, pp. 50–57.
- Shepherd, G, Boardman, J & Slade, M 2008, *Making recovery a reality*, Sainsbury Centre for Mental Health, London, (www.centreformentalhealth.org.uk/pdfs/Making_recovery_a_reality_policy_paper.pdf).



- Simpson, AIF & Penney, ST 2011, 'The recovery paradigm in forensic mental health services', *Criminal Behaviour & Mental Health*, vol. 21, pp. 299–306.
- Slade, M 2009a, *Personal recovery and mental illness: a guide for mental health professionals*, Cambridge University Press, Cambridge UK.
- Slade, M 2009b, *Rethink recovery series*, vol. 1, *100 ways to support recovery: A guide for mental health professionals*, Rethink, London.
- Tasmanian Department of Health and Human Services 2005, *Tasmanian mental health services strategic plan 2006–11*, Statewide and Mental Health Services, Government of Tasmania, Hobart, (www.dhhs.tas.gov.au/__data/assets/pdf_file/0005/38507/Mental_Health_Strategic_Plan_1.pdf).
- Te Pou 2011, *Peer Support Practice*, written by Scott A, Doughty C & H Kahi, Te Pou o Te Whakaaro Nui, the National Centre of Mental Health Research, Information and Workforce Development, Auckland New Zealand. (www.hdc.org.nz/media/199065/peer-support-practice-in-aotearoa-nz.pdf).
- Te Pou 2013, 'Seclusion reduction and sensory modulation', Te Pu o Te Whakaaro Nui, Auckland, (www.tepou.co.nz/improving-services/seclusion-reduction-and-sensory-modulation).
- Topp, V & Leslie, C 2009, 'Defending the right to autonomy and self-determination: advance directives for mental health', *Health Issues Journal*, vol. 101, pp. 26–28.
- Victorian Department of Health 2011a, *Recovery-oriented practice: literature review*, Mental Health, Drugs and Regions Division, State Government of Victoria, Melbourne, ([docs.health.vic.gov.au/docs/doc/EA9CBEB3FB430CE0CA2579090023087E/\\$FILE/1106004_Recovery%20oriented%20practice%20literature%20review_Web.pdf](http://docs.health.vic.gov.au/docs/doc/EA9CBEB3FB430CE0CA2579090023087E/$FILE/1106004_Recovery%20oriented%20practice%20literature%20review_Web.pdf)).
- Washington State Department of Social and Health Services 2013, 'Mental health advance directives' Washington State Department of Social and Health Services, Olympia WA, (www.dshs.wa.gov/dbhr/advdirectives.shtml).
- Wilkinson, R & Marmot, M (eds) 2003, *Social determinants of health: the solid facts*, 2nd edn, World Health Organization, Copenhagen.
- Women's Centre for Health Matters 2009, *Gender sensitive health service delivery*, Women's Centre for Health Matters, Canberra, (www.wchm.org.au/GenderSensitiveHealthServiceProvision.htm).
- Wood, L, Price, J, Morrison, A & Haddock, G 2010, 'Conceptualisation of recovery from psychosis: a service user perspective', *The Psychiatrist Online*, vol. 34, pp. 465–470.
- Woodbridge, K & Fulford, KWM 2004, *Whose Values? A workbook for values-based practice in mental health care*, Sainsbury Centre for Mental Health, London.

